





February 2018

CARTA

Oklahoma Citizen Advocates for Recovery and Transformation Association

2808 NW 31st Oklahoma City, OK 7311 Phone:405-848-7555 Friend Line:405-436-4083 Crisis Line:405-812-4580

Monday 10am-9pm	Tuesday 10am-9pm	Wednesday 10am-9pm	Thursday 10am-9pm	Friday 10am-9pm	Saturday 1pm-9pm	Sunday Closed
Luncheon 11-2pm 2/14/2018 			1	2	3	4
			12pm Peer Support 1-115 Mindful Min. 1pm Stretch & Flex 2pm-Art Class 2pm-Job Club 4pm-TNT Mtg.	10am-WRAP 11am-Anger Mgt. 12-Peer Support 1pm-REAL 330-Seeking Safety 530-Movie/Music Night	3pm-Peer Support 530-Movie/Music Night	
5	6	7	8	9	10	11
12pm Peer Support 1pm-Stretch & Flex 2pm-Art Class 230pm-Parenting	11-Co-Dependency 12pm Peer Support 1-115 Mindful Min. 3pm DBSA 4pm-TNT Pow Wow	11-Healing Hearts 12pm Peer Support 1-115 Mindful Min. 3-PRSS Training 4-Schizophrenics Anonymous	12pm Peer Support 1-115 Mindful Min. 1pm Stretch & Flex 2pm-Art Class 2pm-Job Club 4pm-TNT Mtg.	10am-WRAP 11am-Anger Mgt. 12-Peer Support 1pm-REAL 330-Seeking Safety 530-Movie/Music Night	3pm-Peer Support 530-Movie/Music Night	
12	13	14	15	16	17	18
12pm Peer Support 1pm-Stretch & Flex 2pm-Art Class 230pm-Parenting	11-Co-Dependency 12pm Peer Support 1-115 Mindful Min. 3pm DBSA 4pm-TNT Pow Wow	11-Healing Hearts 12pm Peer Support 1-115 Mindful Min. 3-PRSS Training 4-Schizophrenics Anonymous	12pm Peer Support 1-115 Mindful Min. 1pm Stretch & Flex 2pm-Art Class 2pm-Job Club 4pm-TNT Mtg.	10am-WRAP 11am-Anger Mgt. 12-Peer Support 1pm-REAL 330-Seeking Safety 530-Movie/Music Night	3pm-Peer Support 530-Movie/Music Night	
19/26	20/27	21/28	22	23	24	25
Closed 2/19/2018 12pm Peer Support 1pm-Stretch & Flex 2pm-Art Class 230pm-Parenting	11-Co-Dependency 12pm Peer Support 1-115-Mindful Minute 3pm DBSA 4pm-TNT Pow Wow	11-Healing Hearts 12pm Peer Support 1-115 Mindful Min. 3-PRSS Training 4-Schizophrenics Anonymous 	12pm Peer Support 1-115 Mindful Minute 1pm Stretch & Flex 2pm-Art Class 2pm-Job Club 4pm-TNT Mtg.	10am-WRAP 11am-Anger Mgt. 12-Peer Support 1pm-REAL 330-Seeking Safety 530-Movie/Music Night	3pm-Peer Support 530-Movie/Music Night	Bowls of Hope 2/21 11-2 