




July 2018

CARTA

Oklahoma Citizen Advocates for Recovery and Transformation Association

2808 NW 31st Oklahoma City, OK 7311 Phone:405-848-7555 Friend Line:405-436-4083

Monday 10am-9pm	Tuesday 10am-9pm	Wednesday 10am-9pm	Thursday 10am-9pm	Friday 10am-11pm	Saturday 1pm-11pm	Sunday Closed
2	3	4	5	6	7	7
12pm Peer Support 1pm-Meditation 2pm-Art Class 230pm-Parenting 630pm-TFAC 7pm Peer Support	10-Seeking Safety 11-Co-Dependency 12pm Peer Support 3pm DBSA 4pm-TNT Pow Wow 7pm Peer Support	11am-Healing Hearts 12pm Peer Support 12pm Peer Support 1pm Nutrition Class (Snack Provided) 3pm-RSS Mtg. 630-GED 7pm Peer Support	12pm Peer Support 1pm Meditation 2pm-Art Class 4pm-TNT Mtg. 7pm Peer Support	10am-WRAP 11am-Anger Mtg. 12-Peer Support 2pm-REAL 530-Movie Night	3pm-Peer Support 530-Movie/Music Night	
9	10	11	12	13	14	14
12pm Peer Support 1pm-Meditation 2pm-Art Class 230pm-Parenting 630pm-TFAC 7pm Peer Support	10-Seeking Safety 11-Co-Dependency 12pm Peer Support 3pm DBSA 4pm-TNT Pow Wow 7pm Peer Support	11am-Healing Hearts 12pm Peer Support 1pm Nutrition Class (Snack Provided) 3pm-RSS Mtg. 630-GED 7pm Peer Support	12pm Peer Support 1pm Meditation 2pm-Art Class 4pm-TNT Mtg. 7pm Peer Support	10am-WRAP 11am-Anger Mtg. 12-Peer Support 2pm-REAL 530-Movie Night	3pm-Peer Support 530-Movie/Music Night	
16	17	18  Bowls of Hope 11-2pm	19	20	21	
12pm Peer Support 1pm-Meditation 2pm-Art Class 230pm-Parenting 630pm-TFAC 7pm Peer Support	10-Seeking Safety 11-Co-Dependency 12pm Peer Support 3pm DBSA 4pm-TNT Pow Wow 7pm Peer Support	11am-Healing Hearts 12pm Peer Support 12pm Peer Support 1pm Nutrition Class (Snack Provided) 3pm-RSS Mtg. 630-GED 7pm Peer Support	12pm Peer Support 1pm Meditation 2pm-Art Class 4pm-TNT Mtg. 7pm Peer Support	10am-WRAP 11am-Anger Mtg. 12-Peer Support 2pm-REAL 530-Movie Night	3pm-Peer Support 5-9pm-Kareokee/ Music Night	1st Monday of each month free rapid HIV and Hep C Testing 10am-6pm provided at no charge from Turning Point
23/30	24/31	25	26	27	28	
12pm Peer Support 1pm-Meditation 2pm-Art Class 230pm-Parenting 630pm-TFAC 7pm Peer Support	10-Seeking Safety 11-Co-Dependency 12pm Peer Support 3pm DBSA 4pm-TNT Pow Wow 7pm Peer Support	11am-Healing Hearts 12pm Peer Support 12pm Peer Support 1pm Nutrition Class (Snack Provided) 3pm-RSS Mtg. 630-GED 7pm Peer Support	12pm Peer Support 1pm Meditation 2pm-Art Class 4pm-TNT Mtg. 7pm Peer Support	10am-WRAP 11am-Anger Mtg. 12-Peer Support 2pm-REAL 530-Movie Night	3pm-Peer Support 5-9pm-Kareokee/ Music Night	

A community partner of: Oklahoma Dept. of Mental Health and Substances Abuse, Faces and Voices of Recovery, CAPRSS-Accredited Recovery Community Organization, ARCO, OCCI, OCRU, Jordan's Crossing, Eagle Ridge, Red Rock, Hope Community Services, OKRA, Oklahoma County Drug Court, 12&12 Treatment Center, MAT, TRC, First National Bank of Oklahoma, and SAMHSA.