



# December 2018

# CARTA

Oklahoma Citizen Advocates for Recovery and Transformation Association

2808 NW 31st Oklahoma City, OK 73112 Phone:405-848-7555 Friend Line:405-436-4083

Monday 10am-9pm	Tuesday 10am-9pm	Wednesday 10am-9pm	Thursday 10am-9pm	Friday 10am-11pm	Saturday 1pm-11pm	Sunday Closed
3	4	5	6	7	1/8	2/9
12pm Peer Support 1pm-Meditation 2pm-Art Class 230pm-Parenting 7pm Peer Support	11-Co-Dependency 12pm-Peer Support 3pm-DBSA 4pm-Seeking Safety 4pm-TNT Pow Wow 7pm Peer Support 7:30-Anger Mgmt	11am-Healing Hearts 12pm Peer Support 1pm Body, Mind & Spirit 3pm-RSS Mtg. 7pm Peer Support	12pm Peer Support 1pm Meditation 2pm-Art Class 4pm-TNT Mtg. 7pm Peer Support	10am-WRAP 11am-Anger Mtg. 12-Peer Support 2pm-REAL 530-Movie Night 8pm - Peer Support	3pm-Peer Support 530-Karaoke 	
10	11	12	13	14	15	16
12pm Peer Support 1pm-Meditation 2pm-Art Class 230pm-Parenting 7pm Peer Support	11-Co-Dependency 12pm-Peer Support 3pm-DBSA 4pm-Seeking Safety 4pm-TNT Pow Wow 7pm Peer Support 7:30-Anger Mgmt	11am-Healing Hearts 12pm Peer Support 1pm Body, Mind & Spirit 3pm-RSS Mtg. 7pm Peer Support	12pm Peer Support 1pm Meditation 2pm-Art Class 4pm-TNT Mtg. 7pm Peer Support	10am-WRAP 11am-Anger Mtg. 12-Peer Support 2pm-REAL 530-Movie Night 8pm - Peer Support	3pm-Peer Support 7pm - Trivia-Trek: Christmas Edition 	
17	18	19	20	21	22	1st Monday of each month, free rapid HIV and Hep C Testing 10am-6pm provided at no charge from Turning Point
12pm Peer Support 1pm-Meditation 2pm-Art Class 230pm-Parenting 7pm Peer Support	11-Co-Dependency 12pm-Peer Support 3pm-DBSA 4pm-Seeking Safety 4pm-TNT Pow Wow 7pm Peer Support 7:30-Anger Mgmt	 <b>BOWLS OF HOPE</b> 11-2pm 11am-Healing Hearts 12pm Peer Support 1pm Body, Mind & Spirit <b>2pm-Chili Cookoff</b> 3pm-RSS Mtg. 7pm Peer Support	12pm Peer Support 1pm Meditation 2pm-Art Class 4pm-TNT Mtg. 7pm Peer Support	10am-WRAP 11am-Anger Mtg. 12-Peer Support 2pm-REAL  <b>CLOSE AT 4:00</b> for Staff Party	3pm-Peer Support 530-Karaoke 	
24/31	25	26	27	28	29	
12pm Peer Support 1pm-Meditation 2pm-Art Class 230pm-Parenting 7pm Peer Support	<b>CHRISTMAS</b> Open Noon To 6 pm 	11am-Healing Hearts 12pm Peer Support 1pm Body, Mind & Spirit 3pm-RSS Mtg. 7pm Peer Support	12pm Peer Support 1pm Meditation 2pm-Art Class 4pm-TNT Mtg. 7pm Peer Support	10am-WRAP 11am-Anger Mtg. 12-Peer Support 2pm-REAL 530-Movie Night 8pm - Peer Support	3pm-Peer Support 530-Karaoke 	

A community partner of: Oklahoma Dept. of Mental Health and Substances Abuse, Faces and Voices of Recovery, CAPRSS-Accredited Recovery Community Organization, ARCO, Faces and Voices of Recovery, OCCIC, OCRU, Jordan's Crossing, Family Treatment Center, Red Rock, Northcare, Hope Community Services, OKRA, Oklahoma County Drug Court, 12&12 Treatment Center, MAT, TRC, First National Bank of Oklahoma, and SAMHSA.